

Positive affirmations

F O R W O R K



Ideas...

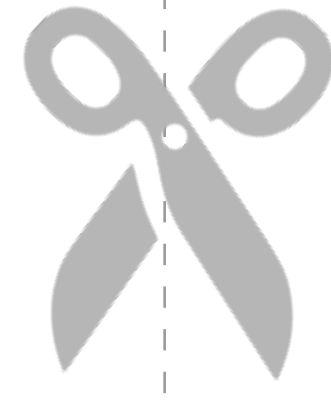
- Cut out the cards.
- Leave them in your wallets, purse,
- Pin them on your board or wall next to your computer,
- Glue them in your diary,
- Stick them in your personal journal,
- Stick them on your fridge.

... Wherever you want as long as you can see the card to remind you to keep a positive mindset.

Have a good day!

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I believe in myself
and my abilities

I will face whatever
comes today with a
positive attitude.

I will persist
until I succeed.

I am making
things happen.

I am able to
solve problems
creatively.

I radiate
positive energy.

I appreciate
every moment
of the day.

I see the
bright side in
all situations.

I am in control
of my life.

I don't worry
about the things
I can't control.